

3rd Euro Nursing & Medicare Summit

July 27-29, 2015 Valencia, Spain

Sexual behavior and sexual education among universitystudents in Korea

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There is no doubt that sexual and reproductive health education is important in order to prevent sexual transmitted infections and so on. This study was done to examine the sexual behavior and sexual education among Korean university students. Methods: For this study, 105 Korean university students, aged 18 to 24 years old, were recruited from six universities. Data were collected using self-reported questionnaire and analysis of collected data was performed using SPSS for Windows, version 18. Results: About 42% of the participants have had an experience of intercourse and some of them (26.1%) engaged in first intercourse at age 17 or earlier. Although all participants have had an experience of receiving sexual education, 88.6% of them wanted to receive additional sexual education. The percentage of participants who dissatisfied the sexual education provided by school was 30.5%. School nurses had disappointed the participants because they repeated the educational contents which students already know (59.0%), they taught without appropriate practices (21.0%), they taught students altogether without consideration of gender (16.2%) and the educational contents were difficult to understand (3.8%). For sexual educator, 22.9% of the participants agreed to be parents, 21.0% for siblings, 69.5% for school nurses and 59.0% for senior or friends. Conclusion: Although most of university students wanted to receive the sexual education by school nurses, it seems like the students dissatisfaction with the previous education they had. School nurses need to focus on students' educational needs and provide relevant information.

Biography

Dong-Hee Kim has completed her PhD from Flinders University of South Australia. She is an Associate Professor at Pusan National University. She has published several papers in reputed journals.

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