

3rd Euro Nursing & Medicare Summit

July 27-29, 2015 Valencia, Spain

Active ageing

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Ageing is a social phenomenon. Today, a dramatically extend the life span of human life and make more visible the fact that ageing is having more healthy. WHO, active aging "health to improve the quality of life of the elderly, community participation and the process of ensuring a high level of security" is defined. Target submission of this opportunity and the need to defend. That proposed by the WHO and in 2002, in Madrid, the United Nations World in Aging Meeting (United Nations World Assembly on Ageing) emphasized that "active aging" concept, energetic, as well as the elderly frail elderly is also to consider and a lot of rights as active aging is a requirement emphasizes the handling. Referring to the recommendations made to the various sections on active aging, national and local governments, mental health, disability and the development of preventive health policy issues by focusing on the treatment of chronic diseases; health consulting, protective services, ensuring universal and equal access to quality health care and long-term care services; prevention of all kinds of abuse of older persons; will encourage these people to live independently shelter and transportation facilities to make convenient and secure their access to the elderly and to provide adequate care and support to people in their homes is recommended that the provision of vehicles. Ensure that older people remain healthy and active is a necessity not a luxury. Priority to improve the health of the elderly due diligence must be done, programs and policies should be tailored to these findings. Also regulation to improve the environmental health of the elderly, the development of social support, actively maintaining of the programs, the creation of new programs and intersectoral collaboration is necessary.

Biography

Aysun Perim Ketenciler is a nurse and completed her secondary education in Istanbul Pertevniyal High School in 2000. She completed her Master degree in 2005 from Trakya University of Health Sciences Institute of Public Health Department and began graduate studies. She worked as a nurse in the Neurosurgery Service. In 2007, she worked at the Women and Family Health Center in Istanbul as a training nurse. She served as an instructor in the department, Hasan Kalyoncu University Public Health Nursing.

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