

# 3<sup>rd</sup> Euro Nursing & Medicare Summit

July 27-29, 2015 Valencia, Spain



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## An important part of cancer care in Turkey

Cancer often causes symptoms, and the treatments for cancer may cause side effects. An important part of cancer care is relieving these symptoms and side effects, an approach called palliative care. Palliative care is any treatment that focuses on reducing a patient's symptoms, improving quality of life, and supporting patients and their families. In order to anticipate the increasing need for care correctly, experts believe that it is important to have a proactive approach right at the start of the palliative care continuum. Opioid preparations are available for patients at the end of life. Turkey has a color coded prescription system; red prescription sheets for opioids, green for sedatives and opioid derivatives like Tramadol. White prescription sheets are used for all other drugs. In Turkey, only Specialist Medical Doctor has capability of using red and green prescription sheet. There is no Turkish hospice palliative care association yet, but it is set up as a subgroup for working palliative care nurses, as a brunch of Turkish Oncology Nursing Association. To carry out the control services of cancer, to provide the coordination and inspection studies of organizations and institutions giving service in this field.

## Biography

Gulten Kaptan has done her PhD in Nursing from Hacettepe University Institute of Health Sciences in the field of Internal Medicine in year of 1997. In the year 2005, she received the title of Associate Professor in the same area, and has become a Professor in 2012. She has many articles in international journals and she served as a faculty member in the same field. At 30 she has served as a Director of nursing at the hospital. She is the scientific board member of one of the international open access journal. In Turkey, she is the member of the Turkish Nurses Association, Oncology Nursing Society and Nephrology Nursing associations. Currently she is a Professor at the Istanbul Arel University Medical Nursing.

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