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## Feeling good in your neighborhood: A nurse-led mobile health van program

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The New York University College of Nursing (NYUCN) Mobile Health Van Program (MHVP) is a grant-funded innovative model of health care delivery. Through this model entitled “Set-Up, Catch-Up, Hook Up”, the MHVP strives to improve health care access for a predominantly immigrant adolescent population from New York City public high schools. The van’s location at the schools allows for increased ease of access by reducing transportation and scheduling barriers, which has been shown to improve health outcomes (American Academy of Pediatrics, 2012). This three-fold approach encompasses the following:

- 1) “Set-up”: An initial assessment of health care needs;
- 2) “Catch-up”: Addressing these outstanding needs through primary care services and health literacy education;
- 3) “Hook-up”: Linking patients with insurance, primary care providers, specialist services and referrals to community resources.

Challenges in health care delivery and coordination of care, involving oral health, immunizations, and insurance will be discussed. The van also exposes nursing students to a unique pediatric clinical setting, promoting cultural competency in their training. The MHVP is charged with meeting the unique needs of its distinct patient population, while simultaneously affording an enriching clinical experience to future nurses. This health care delivery model may be replicated in communities with underserved and vulnerable populations to address critical health concerns in addition to decreasing barriers to care.

### Biography

Betty Boyle-Duke, RN, CPNP, is the Director of Clinical Services for the College of Nursing’s Mobile Health Van Program at New York University (NYU), and also an adjunct clinical instructor. As a pediatric nurse practitioner, she has worked with the adolescent population, specifically youth from socially disadvantaged backgrounds. She has held several positions as a clinician and administrator providing primary care and health education in the foster care setting as well as school based health. She holds membership in several professional organizations and is currently pursuing a Doctor of Nursing Practice (DNP) degree at NYU.

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