

15th Euro Nursing & Medicare Summit

October 17-19, 2016 Rome, Italy

An investigation relation of perceived social competence and university students use of alcohol and cigarettes

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Be a college student can bring out of some anxiety and stress for young people. When young people lived worry and concern, If they didn't take adequately support, they can lead to different habits. The aim of study is to determine the prevalence use of alcohol and smoking of students of Trakya University, Faculty of Health Sciences and investigate relation of this using and perceived social competence. Descriptive and cross-sectional study was conducted with 940 students in from 30 December 2015 to 15 February 2016. Data were collected by using and "Questionnaire" and "Perceived Social Competence Scale". The mean age of the students was 20.09 ± 1.6 . Of the 940 students 80,6% (758) were female, % 49.4 of them nursing students and overall smoking rate was 16,1%, alcohol drinking rate was 21,1%. The mean age of students smoking and using alcohol was 16 ± 2.57 . The lifetime prevalence of having smoked at least once was 20,6% and alcohol use was 23,0%. Of the students %23 was reported curiosity and stress reason of starting alcohol using and smoking. Students who had low family income and didn't take support from peer and family had a low point of "Perceived Social Competence Scale". As a result of the study, it was found that there was a significant positive relationship between social self efficacy and perceived social support from peer, family. Also, it was found that some approaches of perceived peer, family support significantly explain perceived social competence.

Biography

İlknur DİNDAR, the responsible author of this study, is working as a Assist.Prof.Dr. Trakya University and at Public Health Nursing Department of Health Sciences Faculty at Trakya University. Her interest areas are women health, geriatric health, adolescent health.

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