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Nursing care to people in treatment with lithium carbonate: Literature review

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More than half of the people who live with bipolar disorder present problems of treatment breach. The consciousness to have a health chronic problem, the fulfillment of the therapeutic regime, the acquisition and maintenance of healthful lifestyles constitute essential cares for the operation and the well-being of the person. In agreement with nurse Kérouac, the essence, the soul of the discipline nurse is the care. Within the scope of the care the models can be distinguished discipline and professional models of the care. These last ones can describe how they should conduct the nursing care to promote health and welfare of the person. It is proposed from a literature review to describe according to the professional model of care developed by Marjory Gordon which is the variable necessary to evaluate in order to provide adequate nursing care to the person needs and capacities of the person. It concludes in agreement with the different studies, the evidence of the positive effect of nursing care plans. The person improves their level of knowledge about their health situation.

Biography

Amalia Coca Barbado is a Specialist in Mental Health Nursing and is a PhD student in Computer Science Department in Alcalá University.

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