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Reproductive health

Awatif Juma Al Bahar
Dubai Health Authority, UAE

Reproductive health refers to the diseases, disorders and conditions that affect the functioning of the male and female reproductive systems during all stages of life. A woman's reproductive system is a delicate and complex system in the body, it is important to take steps to protect it from infections and injury, and prevent problems – including some long-term health problems. Hormones are key to reproductive health in all aspects of a woman's sexual life. They regulate menstruation, fertility and menopause. The WHO assessed in 2008 that "Reproductive and sexual ill-health accounts for 20% of the global burden of ill-health for women, and 14% for men." Reproductive health is a part of sexual and reproductive health and rights. The details will be discussed during the lecture.

Biography:

Awatif Juma Al Bahar is a Medical Director, Senior Consultant, Obstetrics/Gynecology, Reproductive Endocrinology at the Dubai Gynecology & Fertility Centre, Dubai Health Authority. After completing her graduation, she has specialized in Obstetrics & Gynecology from the German Board, Koln and she has a Membership in Endocrine and Infertility from Academic University in Bonn. She has been selected in 2002 in Dubai Excellency Program. Her name is mentioned in the UAE Book of Special Personalities of All Fields (i.e., medicine, politics, art etc.) She has been awarded by his highness Amro Mosa in 2004 as to be the Leader in Medicine and Social Services. She was also awarded as Hero of Health Care in 2012 by his highness ruler of Ajman. She has held multiple posts in various capacities in the OBS/GYN and she is currently the Director of the IVF Board of the Ministry of Health of UAE. She is the Chairperson of the Emirates Obstetrics/Gynecology & Fertility Forum (EOFF) and a regular speaker on UAE activities in mother and child health via media: Television, radio, ladies association, universities etc. She has many publications on polycystic ovaries and infertility

ajAlBahar@dha.gov.ae

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