

# 15<sup>th</sup> Euro Nursing & Medicare Summit

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### **FAIR Play: Respite for parents caring for children requiring complex home care**

Advances in nursing and medical care augmented by developments in pharmaceutical and health technologies have led to an increasing number of children who require complex care at home. Parents are their carer givers. In this ethnographic study there were:

47 Participants  
19 Mothers  
4 Fathers  
7 Grandparents  
13 Nurses  
4 Social Workers

Data Collection consisted of in-depth interviews; participant observation; and document review. There were five emergent themes: Parents Caring; Caring and the Impact on Parental Identity; The Nature of Respite; and Fair Play. In this paper the key categories within the theme Fair Play will be discussed. These categories include:

- Care obligations
- Feelings of entitlement
- Respite information needs
- Ongoing support needs
- Negotiating the system and
- Equity

### **Biography**

Heather L Mac Donald completed a Master's degree in Nursing at the University of Toronto, Canada and a PhD at the University of Manchester in the UK. Currently, she is a Professor in the Faculty of Nursing at the University of New Brunswick (Canada). Her doctoral work examined respite for parents who were caring for children who required complex care.

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