

Global Wound Care Congress

September 12-13, 2016 San Antonio, USA



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CONDUCT A LOWER EXTREMITY PHYSICAL ASSESSMENT

Evidence suggests that foot and nail care is the most effective intervention for prevention of wounds and lower extremity amputations most often related to lower extremity arterial and neuropathic disease. Content in this workshop includes hands on lower extremity skill competency for assessment, intervention, evaluation, follow-up and referral. A review of comprehensive lower extremity assessment will include loss of protective sensation, poor or lack of blood flow, musculoskeletal deformities and dermatologic conditions. Opportunity will be given to conduct foot and nail care to include skin care, debridement of nails, appropriate compression therapy and off-loading. The participants will work in teams to conduct hygiene, assessment and intervention. In conclusion of this workshop a brief discussion will be conducted on necessary follow-up based on assessment data, intervention and referrals needed and appropriate education utilizing adult learning principles.

Biography

Michele Burdette-Taylor has completed her PhD at the University of San Diego in California. She is an assistant professor at the University of Alaska Anchorage. She teaches undergraduate and graduate courses in community health, foot care and wound care for the college of health, school of nursing and physician assistant program. She has published numerous skin, wound, pressure ulcer and foot care articles. Her most recent publication was a chapter for the new Wound Ostomy Continence Nurses Core Curriculum for Wound Care for entitled Foot and Nail Care.

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