

6th World Nursing and Healthcare Conference

August 15-17, 2016 London, UK

Influence of anger expression on nursing students' smart-phone overuse responses in South Korea

Soonyang Jang¹, Seunglee Kwon² and Sohyeon Park²

¹PhD, Assistant Professor, Department of Nursing, Daegu University, Daegu, South Korea

²Nursing Student, Department of Nursing, Daegu University, Daegu, South Korea

Purpose: The purpose of this study was to investigate influence of anger expression on Smart-phone overuse of Nursing students.

Methods: The subject were 283 nursing students. The data were collected using demographics, smart-phone overuse(), communication competence and anger expression questionnaires. The data were analyzed using descriptive statistics, t-test, ANOVA, Pearson correlation coefficient, and multiple regression.

Results: The multiple regression model explained 16.5% of Smart-phone overuse among Nursing students. The significantly influencing factors were grade, communication competence, anger in and anger out among anger expression. Sub-domains of smart-phone overuse such as disturbance of adaptive and withdrawal were influenced by grade, communication competence, anger in and anger out among anger expression. Also, sub-domain of smart-phone overuse such as tolerance was influenced by grade, communication competence and anger out. Communication competence and anger out were factors influencing virtual life orientation in sub-domains of smart-phone overuse.

Conclusions: These results revealed that it is necessary to develop education program on anger control and communication competence including early screening from freshman to reduce Smart-phone overuse.

Key words: Nursing Student, Smart-phone overuse, Anger expression, Communication competence

Biography

Soonyang Jang has completed her Ph.D. form Keimyung University, South Korea. She is Assistant Professor from Daegu University Department of Nursing. She has published 11 papers in reputed journals.

jsny0212@gmail.com

Notes: