

6th World Nursing and Healthcare Conference

August 15-17, 2016 London, UK

Applying parse's theory to a female patient suffering from a pneumothorax

Bi Shia Pan¹, Hsiu Fang Hsieh² and Ya-Lie Ku³

¹MSN Student

²Associate Professor

³Assistant Professor, Fooyin University School of Nursing, Kaohsiung 83102, Taiwan

A case study applying Parse's theory of human becoming to a pneumothorax female patient that had experienced a car accident is presented. The three principles of Parse's theory are structuring meaning through the articulation of the patient's values and experiences; cocreating rhythmical patterns of relating in a mutual process with the universe, such as revealing-concealing, enabling-limiting, and connecting-separating; and powering unique means of being recreated through the process of transformation. Three health problems of pain, anxiety, and posttraumatic stress disorder (PTSD) were identified through communicating with the patient. Nursing interventions entailed using the communication applications Line and Facebook to conduct therapeutic communication with the patient to empower her positive thinking. The interventions also involved applying individualized music to encourage the patient to originate her transformation process and teaching rehabilitation skills. All of these methods facilitated overcoming the three health problems. The author experienced a connecting-separating relationship with the patient in a paradoxical unity while practicing the nursing interventions. Parse's theory can be recommended to be applied to people who have experienced accidents or tragedies that result in PDST.

Biography

Bi Shia Pan currently is a master student in the School of Nursing, Fooyin University, and she has worked as the anesthesia nurse in Taipei and Kaohsiung Chung Gang Memorial Hospital for 13 years, the anesthesia nurse in the Chungjen Orthopedics Hospital Kaohsiung for 6 years, and the current anesthesia nurse in Shin Huey Shin for 14 years. Although she is an anesthesia nurse in the hospital for a long time; however, she is still interested in the academic study and hope to apply the music therapy into the pregnancy women for her Master thesis.

b210_5@yahoo.com.tw

Notes: