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The current development of active aging learning programs in Taiwan

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In Taiwan, the senior population will reach to 4.75 million (20.3% of total population) by 2025 and the will-be elder age group of 55-64 is 2.7 million in a decade. How to maintain elder people's health, help them engage in social activities after retirement and living without special medical care are the lifelong education objectives of Taiwan's Education Ministry. The Active Aging Learning Programs intends to utilize high education resources to provide seniors with diverse learning experience in later life. 103 higher education institutes were linked up in 2015 to provide the elder people a chance to learn with young adults and promoted understanding and interaction of different generations better. The program arrangement is the same as normal university program scheduled by two semesters a year, 10-18 weeks a semester with a total of 216 hours a year. The curriculum covers topics on aging, healthy entertainment, the latest knowledge and each university's specialization. In the case university study, issues like active aging and new information technology are arranged as well as special physical fitness and nursing application. To sum up, seniors of 55 years old or more under fair health condition without caring need are all welcome in a hope of helping them realize high-education dream by the implementation of the "active aging learning" program.

Biography

Hui-Chen Huang has been studying Master's program of Nursing at Fooyin University since 2014. Her research focuses on lifelong learning and health promotion. She has accumulated a plenty of clinical experiences as an instructor of nursing interns of Kaomei Healthcare Junior College and Hsin Sheng Medical College for 6 years and as a lead nurse at Puzih Hospital for 25 years. These well-grounded practices enabled her to well intergrade active aging learning and health promotion and their future advancement.

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