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Preventing STD in adolescents from a deprived community in Alagoas-Brazil: A health education activity

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Health education is an important instrument which facilitates community empowerment, helping in health-promotion. Thus, it is necessary to have knowledge about educational practices, whereas it is essential to recognize this other's gaze, interact and collectively reconstruct knowledge and daily life practices. The aim is to report the experience of nursing students during the conduction of an educational activity with adolescents from a deprived community of Brazil. The educational activity was done with teenagers who are registered in a Family Health Unit- a practice in Brazilian Public Health System. The activity plan was guided by Charles Marguerez arc in order to contribute to teaching-learning process which prioritizes and encourage critical and reflective thinking in a movement of action-reflection-action, concurrently with the appreciation of prior knowledge and exchange of experiences with the local community. It was organized in 3 moments i.e., 1) A mime dynamic to stimulate union and participation, also valorize dreams and expectations about the future. 2) Discussion about STD, safe ways to prevent them, the importance of the health team to answer questions and diagnose, treat and prevent. 3) An educative quiz about STD, which was served as an educational activity evaluation. This way, the educational activity has shown that the use of participative educational strategies and appreciation of positive aspects of health are essential for raising awareness. It was possible to learn about the role of the nurse when performing health actions in impoverished areas, respecting and valuing individual projects, however, looking for a better quality of life and well-being.

Biography

Thaise Marques da Silva is a Nursing Undergraduate student from Universidade Federal de Alagoas in Brazil. She has a project named Family Carers: Enabling the family carer to promote elderly health in the Family Health Strategy and presented that at several international congresses. At present, she is studying Adult Nursing in the University of Salford as a visiting student.

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