

6th World Nursing and Healthcare Conference

August 15-17, 2016 London, UK

Loneliness and related factors in adolescents of high school students

Kamile Öner¹ and Hülya Arslantaş²¹Cankiri Karatekin University, Turkey²Adnan Menderes University, Turkey

This study is conducted as a cross sectional research in order to investigate the loneliness and related factors in adolescents of high school students. It is targeted to reach 690 students. In the study, Personal Information Form and UCLA Loneliness Scale are used. In the evaluation of the data, descriptive statistics, test in unrelated measurements, one way variance analysis are used. 657 of the adolescents, who participated in the survey, had replied the questions in the loneliness scale. The reviews were conducted with 657 adolescents. When the characteristics of adolescents of high school students who participated the survey are examined, it is found that 46.0% of the adolescents are female, 30.6% of them study in 9th grade, 30.9% of them are 17 years old and it is determined that they have medium level loneliness. It is found that the level of loneliness of female students ($x=52.33\pm 5.82$) are higher than the male students ($x=49.74\pm 7.45$). It is found that the loneliness situation of the adolescents is not affected by staying either with the parents or in the dormitory ($t_{(649)}=0.378$; $p>0.05$), the family structure ($t_{(641)}=1.702$; $p>0.05$), the region that they live ($F(2,654)=2.342$; $p>0.05$), income level ($F_{(2,654)}=1.978$; $p>0.05$), seeing their pocket money sufficient ($t(665)=0.033$; $p>0.05$), the number of siblings ($F(2,633)=0.468$; $p>0.05$), the relation with their siblings ($t_{(623)}=1.209$; $p>0.05$), the education level of their fathers ($F_{(3,648)}=1.596$; $p>0.05$) and mothers ($X^2_{(3)}=0.965$; $p>0.05$). It is determined that the loneliness level of adolescents whose mothers are employed ($x=52.33\pm 6.45$) are higher than the adolescents whose mothers are not employed ($x=50.81\pm 6.79$). The loneliness level of the adolescents who have the idea of self-harm in the recent year ($x=53.10\pm 5.36$) is higher than the adolescents who do not have the idea of self-harm in the recent year ($x=50.82\pm 6.89$).

Biography

Kamile Öner worked in the Internal Diseases Service of Ege University Medical Faculty Hospital in between 2008-2009, in the Oncology Clinic of Dokuz Eylül University Medical Faculty Hospital in between 2009-2011 and worked as a Surgical Nurse in the Karadeniz Technical University Medical Faculty Hospital in between 2011-2014. She is currently working as a Lecturer at Cankiri Karatekin University. She graduated from the Psychiatry Nursing Master Programme of Adnan Menderes University Institute of Health Sciences in October 2015 and has been awarded the title of Specialist Nurse.

sena_oner388@hotmail.com

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