

6th World Nursing and Healthcare Conference

August 15-17, 2016 London, UK

The relationship among nursing students' loneliness, rejection sensitivities and social anxiety

Rüveyda Yüksel and Fatma Demirkıran
Adnan Menderes University, Turkey

This study was conducted as a descriptive, in order to examine the relationship between the university students' loneliness, rejection sensitivities and social anxiety levels. Study sample was selected from 352 nursing students attending Adnan Menderes University Aydın School of Health in 2012-2013 academic year. Census sampling method was used and 215 students admitted to participate in the study consisted the sample of the study. The data of the study was collected by a survey form, which had 4 sections (Personal Information Form, UCLA Loneliness Scale (UCLA), Rejection Sensivity Scale (RSS), Social Anxiety Scale (SAS)) prepared by the researchers in accordance with the literature. Statistical data was analyzed by using the computer package program called SPSS 15.00. In addition to descriptive statistical methods such as percentage distribution, average and standard deviation, t test, Mann-Whitney U test, Kruskal-Wallis test, one-way analysis of variance (ANOVA) and Pearson-moment correlation were used for the data analysis. In the study, 74.1% of students were female, 25.9% of students were male and the mean age was 20.13 ± 1.69 . 65.4% of all students (n=134) evaluated to the attitudes of their mothers as protective. 50.7% of all students evaluated to their academic achievement at medium level, 64.4% of them evaluated to their mental health at good level and 75.6% of them evaluated to their interpersonal relationship at good level. Students' gender, mother's attitude, academic achievement, mental health and interpersonal relationships affected their loneliness levels. It was found that when loneliness levels of the students increased, rejection sensitivity and social anxiety level increased. In line with these results, it is suggested to open courses in nursing schools intended for improving social skills, communication skills and individual development to support them to cope with loneliness.

Biography

Rüveyda Yüksel has completed her Master's Degree from Adnan Menderes University in Turkey. She is a Research Assistant in Söke School of Health.

ruveyda.yuksel@adu.edu.tr

Notes: