

6th World Nursing and Healthcare Conference

August 15-17, 2016 London, UK

Strengths-based nursing care model: The experiences of coronary artery bypass graft surgery patients

Yasemin Altinbaş¹ and Meryem Yavuz van Giersbergen²¹Adiyaman University, Turkey²Ege University, Turkey

The aim of this study was to determine the experiences with strengths-based nursing care model of coronary artery bypass graft surgery patients. The study was carried by using a phenomenological design. Population of the study consisted of 32 patients who had developed coronary artery bypass graft between August 14th and November 2nd, 2015. Sample of the study consisted of 23 patients who agreed to participate in the study. In order to collect data, ethical approval was taken from Ethical Committee by the Ege University Faculty of Nursing, written consent was taken from Ege University Hospital and verbal and written permission was taken from patients. Data were collected by using a questionnaire containing identifying information of patients, semi-structured interview forms, qualitative classification of strengths form, SWOT analysis form, postoperative patient follow-up form and nursing care plan using NANDA nursing diagnosis. All interviews were recorded with tape recorder after written permissions were taken from the patients and patient's family on administration and discharge day. Interviews: in-depth interview technique was done by using face-to-face. Mean length of the interview on administration day was 53 minutes (min.45-max.72) and on discharge day was 38 minutes (min.32- max.50). After the interviews, the written records were saved in a computer then the data were encoded and classified according to themes and the report was brought into interpreted. Data were analyzed through the content analysis method. Interviews were investigated in two parts. Most strong aspects of the patients who were cared according to Strengths Based Nursing Care Model are "being request of managing the operating process", "basic physiological and safety needs can provide", "have hope of life", "strong demand of learning" and "family support". The elements that make the most weak to individuals in the surgical process are "lack of information on the disease process", "lack of information on the treatment process", "the presence of other diseases", "overweight" and "being nervous". According to the conclusions of the study, it is recommended that Strengths Based Care Model should be used in different and larger patients groups because of its positive effects on healing.

Biography

Yasemin Altinbaş is currently working as an Assistant Professor at Adiyaman University. Previously, she worked at Surgical Nursing Department.

altinbasyasemin@gmail.com

Notes: