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Relationships between parenting attitudes and stress coping strategies of military inpatients with adjustment disorders in Taiwan

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The specific aims of this study were to investigate the associations between parenting attitudes (PA) and stress coping strategies (SCS) of military patients with adjustment disorders in Taiwan. The study was conducted in 4 hospitals of northern part of Taiwan from April 1, 2013 to March 31, 2015. Military patients who admitted to psychiatric wards and met the diagnosis of adjustment disorders were included as potential participants. Patients with repeated hospitalizations and illiteracy were excluded from the study. 248 patients enrolled the study after completing the consent forms, and 2 questionnaires including parents bonding instrument (PBI) and COPE inventory were used for measuring variables of PA and SCS respectively. By treating scores of COPE subscales as dependent variables and scores of PBI subscales as independent variables, a series of multiple linear regressions were applied for data analysis. The results showed that after controlling for the variables of education levels and hospital locations, the coping strategy of denial was significantly positively associated with the domain of overprotection ($\beta=0.095$, $P=0.004$); the coping strategy of behavior disengagement was also significantly positively associated with the domain of overprotection ($\beta=0.113$, $P<0.001$) and negatively associated with the domain of care ($\beta=0.057$, $P=0.028$); the rest of stress coping strategies had no significant associations with the variables of PA in the analysis. The study finding provides useful information about the risk factors of adjustment disorders for the military population who are mainly young adults and typically vulnerable to stress environments to facilitate evidence-based mental health intervention.

Biography

Huey-Fang Sun has completed her PhD from Johns Hopkins University School of Public Health. She is an Assistant Professor in School of Nursing, National Defense Medical Center, Taipei, Taiwan. Her research field mainly focused on stress responses and psychosocial adaptation.

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