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Stress among charge nurses at a university hospital in Bangkok

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Charge nurses usually confront with occupational stress factors. Stress leads to job dissatisfaction, burnout and absenteeism also negatively impacts patients and organization. The purpose of this descriptive research is to study the stress levels and the relationship between demographic factors and stress levels among charge nurses at a university hospital in Bangkok. Charge Nurse Stress Questionnaires (CNSQ), Thai version, translated by Krongdai Unhasuta was used to collect the data. Participants were 360 charge nurses. Data were analyzed by using percentage, mean, standard deviation, Chi-square test and Spearman Rank Correlation. The result revealed that overall stress of charge nurses was at a moderate level. When considered by each dimension, it was also found that all dimensions (Nurse-Patient relationship, Home-work balance, Teamwork, Shift management) were at a moderate level. The study found no association between factors and stress levels among charge nurses. This finding could be used basic data nursing administrator for planning to decrease stress of charge nurses.

Biography

Phiraya Saimai has completed her Bachelor's degree of Nursing Science and Master of Science in Public Health from Mahidol University, Thailand. She is currently a Senior Professional Nurse and acting as a Deputy Head of Resuscitation Unit, Emergency Nursing Services Division, Faculty of Medicine Ramathibodi Hospital, Mahidol University. She is a Member of Thai Trauma Nurse Society organizes. Areas of her interests are trauma and emergency care, resuscitation, disaster nursing management and environmental health nursing. Her four papers were published in Thai journals. She had been participated in three international conferences (Spain, Australia and England).

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