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Barriers to provide effective pain care: Indonesian nurses' perceptions and experiences when caring for hospitalized children experiencing pain in two hospitals in Indonesia

Henny Suzana Mediani¹, Ravani Duggan², Rose Chapman³, Alison Hutton⁴ and Linda Shields⁵

¹Universitas Padjadjaran Bandung, Indonesia

²Curtin University, Australia

³Australian Catholic University, Australia

⁴Flinders University, Australia

⁵James Cook University, Australia

Background: Every day an unknown number of hospitalized Indonesian children endure pain from surgery, illness, nursing interventions and other medical procedures during hospitalization. However, little attention has been given to Indonesian children's pain management and care. There is a dearth of research in Indonesia regarding pain management in children. The aim of the study was to explore Indonesian nurses' perceptions of and experiences with pain management of hospitalized children with a view to discovering factors that influence nurses' ability to provide pain management practice in clinical setting.

Design & Methods: The study used Glaserian grounded theory methodology. This approach has allowed for inductive exploration and analysis of how Indonesian nurses' pain management practice used to manage pediatric patients in pain and to develop a substantive theory that explains how Indonesian nurses attempt to resolve the main concerns experienced by them when caring for hospitalized children in pain. Data were collected from a sample of 37 nurses through semi structured, in-depth interviews and was guided by theoretical sampling. Data were managed by using manual thematic analytic procedures to identify themes, patterns and essential elements contained within the text, while constant comparative analysis using open, theoretical and selective coding was performed.

Results: Findings from this study indicated that nurses working in Indonesian pediatric wards felt that they were not able to provide effective pain care to hospitalized children and as a result they experienced professional role tensions. They found themselves internally conflicted because, although they had desire to provide effective pain care, they were unable to achieve this goal. Nurses identified several organizational structure and cultural factors that were thought to hinder their provision of effective pain care to pediatric patients. These factors are embedded in nurses' clinical practice. Results of study provided a portrait of the clinical reality for pediatric nurses in managing hospitalized children's pain. The study findings can assist to inform relevant initiatives and strategies to improve clinical nurses' performances and competency in providing pain care to pediatric patients.

Biography

Henny Suzana Mediani has completed her PhD from School of Nursing and Midwifery Faculty of Health Science Curtin University, Australia in 2014. She is a Senior Lecturer of Pediatric Nursing at the Faculty of Nursing Universitas Padjadjaran Bandung Indonesia. She has been working in Faculty of Nursing Universitas Padjadjaran since 1994. She is working as a Lecturer to undergraduate and postgraduate students in the Faculty of Nursing Universitas Padjadjaran. She is also as Clinical Nursing Consultant at few hospitals in West Java Province Indonesia. She has published some papers in Indonesian journals and has been serving as a Reviewer in Royal College of Nursing Publishing Company, United Kingdom since 2014 and some Indonesian Journals.

hennymediani@hotmail.com

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