

## Using cultural inclusive teaching practices to motivate culturally and linguistically nursing students to learn and succeed in their academic studies

**Saras Henderson**  
Griffith University, Australia

Understanding issues with teaching and learning for Culturally and Linguistically Diverse (CALD) learners will increase the capacity of nurse academics in supporting CALD learners to become socialised into the culture of the university and succeed in their studies. Literature indicates nurse academics need to engage in cultural inclusive teaching practices to meet the needs of CALD learners and move away from using a mono-cultural approach. More importantly, nurse educators need to be mindful that they do not stereotype learners based on their cultural background but instead reflect and ask questions such as: Is my classroom atmosphere open and positive for all students? How can I encourage collaborative as opposed to competitive learning between my students? How can I ensure my students feel comfortable learning in a culturally diverse environment? How do I help students from disadvantaged and diverse cultural backgrounds so they do not feel inadequate compared to their peers? By reflecting on these questions, nurse academics can create a supportive learning environment and use teaching approaches that resonate with intercultural pedagogy, especially those that promote interdependence and collective sharing of knowledge. In this paper, the author shares cultural inclusive teaching practices, such as, engaging students in collective dialogue, optimizing CALD students' lived experience in role play, and promoting peer teaching, that they had used successfully to influence, motivate and inspire students to learn.

### Biography

Saras Henderson has extensive experience in nursing education. She has a Master degree in Education and has successfully obtained grants to develop best practice in nursing education. She has won two 'Excellence in Teaching Awards' and in 2012 she received a 'Highly Commended Award' in inclusive teaching. A/Professor Saras Henderson is interested in how students are motivated and become effective adult learners especially students from CALD backgrounds. She also has expertise in community nursing and her research includes culturally and linguistically diverse (CALD) communities and health service delivery and self-management of chronic diseases.

[s.henderson@griffith.edu.au](mailto:s.henderson@griffith.edu.au)