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The Felt Need of Home-based Geriatric Care in Bangladesh

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A ging is an emerging issue in Bangladesh, yet adequate infrastructures, policies, programs and services are not there to cater to the needs of the growing number of elderly persons in the country. Although aging is a personal concern in many ways, but coping with this demographic shift does not come down to individual effort only. Rather, it calls for a comprehensive approach-on the part of state, communities, institutions and organizations. As an insitutional govt welfare approach to geriatric nursing and care for this large population remains a costly proposition, and family is the first and foremost arena for addressing different issues of elderly persons, an education and training curriculum-facilitated community/family/home-based geriatric care system is recommended which may be more affordable, cost-saving, cost-effective, interactive, humane and inclusive. We, evreyone in every household, have to prepare ourselves, to handle this emerging inevitable stage of the population, which we all, someday, will be a part of.

Biography

Hasnain Sabih Nayak, a Bachelor in Architecture and Master of Public Health, has been involved in Early Childhood, Infrastructure, Institutional, Projects/Programs, Advocacy & Communication/ Promotional & Social Marketing/ IEC & BCC Programs/Materials/Strategies Development in the health sector for 25 years. He is an independent consultant; Adjunct Faculty, School of Public Health, Independent University, Bangladesh; Trustee, Mental Health Awareness Training Education Research & Services Trust; President, Social Assistance and Rehabilitation for the Physically Vulnerable; Country Representative, Healthcare Information For All; Co-founder and Int'l Relations & Culture Editor of TOITOMBOOR (leading children & juvenile monthly of Bangladesh); and an active Rotarian.

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