

Preventing delirium in the elderly population with the proper education to nurses using evidence based practices

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There is a serious concern in hospitals that many people are not aware of this issue isn't why the patient comes to the hospital but it is why many patients end up staying for extended periods of time.

This issue is delirium and it is causing patients and their family members much more than they expected. Delirium is a new, sudden and serious confusion episode that may change throughout the day or night. An estimated 50% of hospitalized older adults suffer from acute delirium, a diagnosis that correlates with negative patient outcomes. Some of these negative patient outcomes are increased hospital stays, the increased financial burden to the patient and their families,

additional medical treatments, unable to return back to their homes and even death. Due to these negative patient outcomes, it is important that nurses and physicians try their best to recognize delirium and diagnosis it properly. Delirium has become an increasing issue with the aging of the general population it is our jobs as nurses to be educated on the most up to date evidence-based practices in order to provide quality care.