

Effectiveness of family intervention on mental health of adolescents with bipolar disorder and their marital satisfaction rate of their parents

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The effectiveness of family-center program on mental health of adolescents with bipolar disorder and marital satisfaction rate of their parents: Family-based control of family therapy can help to improve adolescent mental health and marital satisfaction of their parents. In this research, according to the goal and extent of selected facilities, used a semi-experimental design with a control group and a test group, pre-test, post-test with random. appointment of individual to

the intervention group based on family-centered education and control group. The sample was also from adolescents with bipolar disorder hospitalize in Imam Hossein Hospital objective-based method was selected based on the available sample. The sample of this included 30 adolescents with bipolar disorder in this center, the scope of entry and exit criteria was considered, with control(n=15) and test group(n=15). In the case group, six-session of 90minutes of family-centered educational interventions were performed every week. samples were evaluated before the intervention and immediately after the end of the intervention, the control group is also tested with similar intervals. to measure mental health in adolescents and marital satisfaction status in their parents we were used Yang's Maladaptive Schema

Questionnaire, Ability, and Difficulties Questionnaire and Marital Satisfaction Status and analyzed using multivariate quarantine analysis. The results showed that family-centered education on marital satisfaction, ability, and problems, early maladaptive schemas of adolescents with bipolar disorder in follow-up period was also monitored, It is suggested to be considered as a complementary therapy for patients with bipolar disorder.

Biography

Zara Goharikamel has Phd in Child Psychology. She has 8 years work in the child and adolescent psychology and study child Psychology in science and research branch Azad University of Tehran. She is a Head of the psychologist in the Department of Psychiatry of Children and Adolescents in Emam Hossein Hospital in Tehran, She has published more than 10 papers in international conference and number of articles published in scientific journals about children and adolescents.

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