

## **A quantitative research: Factors affecting career choice during the last period of adolescence**

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The present study is mainly a pilot survey using quantitative methods that aims to examine all the factors affecting career choice during adolescence. There are different views in the relative literature. Therefore, in one respect, career choice is supposed to be a long-term procedure with often unpredictable developments that never ends. On the other hand, it is generally accepted that career choice is a developmental process that starts from early childhood and is basically

expressed during adolescence when students are obligated to take a decision related with their career structure. Based on the second point of view, it was chosen that all sampled students should be at the age that is close in time to the most important decision about their working life (upper secondary school). The basic assumption that was originally made is that, in the current period the socio-economic context in Greece presents much more unfavorable working conditions than a decade ago and we expect this to turn teenagers towards different professional orientations and behaviors than we have so far observed. The findings of the investigation showed that further research is necessary, especially nowadays that socio-economic factors are changing rapidly.

Research in the Greek field should be re-evaluated, as the working framework changes every year and consequently the factors influencing career choice during adolescence are formulated within another framework.

### **Biography**

Savidou Maria completed her Bachelor degree in Psychology at the Faculty of Philosophy, Aristotle University of Thessaloniki (Greece). She has specialized in Career Counseling, certified by the Greek State and School of Pedagogical and Technological Education (ASPETE). Now she is attending seminars on Neuroscience. She has worked as a teacher/ researcher for 4 years in various private educational centers, helping university students carrying out their research projects. She is genuinely passionate about research, because she believes that it can contribute to the development of critical thinking and improvement of our everyday life. She thinks that the basic tool for promoting research is questioning and doubt.

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