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The uses of himself in a human milk bank: An analysis from an activity point of view

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This survey aims to analyze the use of himself by nurses that work in a human milk bank located in the capital of Espirito Santo, Brazil. Trying to achieve this goal, we found some information that shows the importance of ergology and how it contributes to understanding this job and, in case of nursing professionals, the relevance of understanding the professional practices through the lens of the theory the-use-of-self. To reflect on how the nursing staff develops

its work by ergology perspective is to view the work by the worker outlook. This kind of research needed field sessions, hours of observation about routines, tasks, and activities. The research data was produced through search application, three months of participant observation on the sector, recording field diary, fourteen semi-structured and individual interviews, and a group discussion. The results show that they conduct and organize activities based on perceptions, preferences, and values, but they also engage themselves to make what they think is better to others, a coworker or a patient. In this respect, many times was seen renormalizations in face of working situations. The workers conduct their activities making renormalizations based on environmental, individual and

collective values justified by the achieve of wanted goals. We believe that the understanding about activities nature and subjects roles, engaged on these activities, can contribute a lot on policy management in organizations like a hospital, where the relationship between professionals and patients is the heart of the service evaluation.

Biography

Stephania Demarchi completed her master's degree at the age of 27 at the Federal University of Espirito Santo, specializing in obstetrical nursing at the Venda Nova do Imigrante Faculty. She graduated in nursing at age of 22. She has been working with maternal and child health for 4 years and is a nurse in a neonatal ICU of a state hospital. She has published 1 article in a renowned magazine. She has published a paper about nursing care in "Cuidado é fundamental- ONLINE" Research Journal and participated at V Congresso Paulista de Bancos de Leite Humano, XV Encontro Paulista de Aleitamento Materno e II Congresso Macrorregional de Banco de Leite Humano.

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