

# 21<sup>st</sup> Global Nursing Education Conference

4<sup>th</sup> International Conference on

&

## Holistic Medicine and Nursing Care

March 25-26, 2019 | Orlando, USA

KEYNOTE FORUM | DAY 1

JOURNAL OF NURSING & CARE, VOLUME: 8 | DOI: 10.4172/2167-1168-C4-102

### Disruptions of the energy field and illness

It has been identified that the human body possess an “Energy Field” or “Electromagnetic Field” that represents the internal energetic processes involving the vitality and functionality of main organs and systems. For thousands of years, traditional medicine and healings systems across Asia, such as Traditional Chinese Medicine and Ayurvedic Medicine, have identified that principles of the Human Energy System and its impact in the general wellbeing of individuals. The use of different alternative and complementary healing techniques based on this ancient knowledge, have developed different ways of assessing, treating and managing the human energy field disruptions and the human

energy system functionality in order to prevent chronic illness and helping healing symptoms such as chronic pain and fatigue. Finally, It is important for healthcare practitioners to understand the basic principles of the Human Energy System, its major components, and its interconnectivity with major organ functions, mind processes and emotional states. The development of a “Holistic Healing” consciousness altogether with the buildout of healing skills in the Energy Healing Medical field, is crucial for the evolution of what we call today “Medicine”, and the concept of “Health” and “Illness” with the provision of high quality of healthcare service.

#### Biography

Gamal Paez has been working in the field of Alternative and Complementary therapies in Asia and South America in the last decade. He has completed his studies in Australia



**Gamal Salim Paez Mojica**  
Universidad El Bosque, USA

within the fields of several natural therapies including Myotherapy, Remedial Massage, Fitness and Energy Healing Mastership (Japanese Reiki, Egyptian Sekhem, Australian Pellowah, Past Lives Assimilation Technique - Plat) which have provided him with the experience and skills to assist people in the process of healing their physical bodies, minds, emotions and soul. Lastly, one of his passions is teaching Natural Energy Healing techniques, meditation and mindfulness in order to provide to the community natural tools so that they can use them to help healing themselves and others.

[alternativeholisticmed@gmail.com](mailto:alternativeholisticmed@gmail.com)