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The nursing experience of patient with endometrial cancer for loss of femininity

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Hysterectomy and chemotherapy of advanced endometrial cancer are a common treatment. Loss of organs like the uterus or the ovaries for many women has a symbolic meaning, depriving them of their femininity. This case report is to describe nursing experiences and the adaptation process of a 25-year-old woman who had a diagnosed with endometrial cancer, and who experienced the physical, psychological and spiritual hits. The authors took care of the patient from June 5 to June 15 in 2017 and established a good therapeutic relationship with the patient and her families. Data was collected by using observation, interview, physical assessment and direct patient care, etc. In addition, the Gordon's 11 Functional Health Patterns was used to assess the patient's physiological, psychological and spiritual dimensions and the patient problems were identified as anxiety, low self-esteem and social isolation. During the nursing process, the health care team administered medications and helped her understand the treatment of graft-related, chemical knowledge and used case management model in healthcare of patients. Finally, the patient gained a positive awareness of her disease and clarifies the questions related to the course of treatment and fit into her society. By sharing the experience of care, it is expected that the case report could guide nurses to take care of similar patients through helping them self-adjust and restore confidence and to provide a more complete care quality and to achieve the realms of body-mind-soul comfort.

Biography

Yi-Hsiu Kuo has completed his graduation at Fooyin University in 2005 and worked at Chi Mei Medical Center in Liuying. Her areas of academic and research expertise were evidence-based interventions in the Chinese medicine nursing, qigong (traditional Chinese exercise), adult health care and education, critical nursing care, etc.

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