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Outcome of quality of life program for persons with CLP and CFD at Tawanchai Center, Khon Kaen, Thailand

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Background: Tawanchai Cleft Center, Khon Kaen University has continually organized the comprehensive care development project for patients with cleft lip and palate in Khon Kaen province for five years. The project targets to improve the participant's quality of life in five aspects comprises of health, education, livelihood, social and empowerment.

Objective: To evaluate outcomes of quality of life program.

Material & Method: The descriptive study was conducted during May 5-6, 2017, Khon Kaen Province. There were total 108 participants. The activity in day one included personality development and lecture on patients care. The second day activity included of five stations which involved five aspects development. Data was collected through questionnaires and assessment form. Statistical analysis was carried out using percentage and content analysis during three months periods (May-July 2017).

Result: Most of participants were male with number of 24 persons (57%). The majority deformities were RCLP with 14 persons (33%). According to the five aspects development model, the health aspect was provided for participants including of health status assessment, health care advice and experience sharing. The education aspect activity was family planning. The livelihood aspect provided education and career opportunities knowledge. The social aspects encouraged the socialization. And for the empowerment aspect, the activities were conducted by enhance self-esteem and assertiveness. The program assessment revealed that the participants had high satisfaction at percentage of 89 (=4.45).

Conclusion: The participants successfully achieved knowledge and care giving advice. They had opportunity to share experience in health care, education, social, livelihood, and empowerment which contributed to the abilities to express their feeling and become self-assertive. Therefore, the project should continually organize and include family, friends, and community to achieve best quality of life.

Biography

Suteera Pradubwong has completed Master's degree in Nursing from Khon Kaen University, Thailand. She is the Nurse Specialist and Nurse Coordinator for nursing care patients with cleft lip and palate at Tawanchai Cleft Center and Srinagarind Hospital, Faculty of Medicine, Khon Kaen University, Thailand. She has published more than 10 papers in reputed journals.

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