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### Home healthcare nurses - their work and family

ome care is defined as any kind of healthcare, personal care, or assistance with independent living given to functionally impaired, disabled, or ill persons in their own homes (Martinson et al., 2002). Nurses in home healthcare services, provide. care to the residents who live in their homes. Unlike hospital nurses, home care nurses normally provide care by themselves in a residential home; therefore, they are usually required to have job tenure when commencing work. In Japan, over 80% of home healthcare nurses are aged between 30-50 years. Individuals, who are aged between 30-50 years, bear a significant responsibility in their family, for example, child rearing or caring for elderly parents. Therefore, we supposed that regarding home healthcare nurses, their work would be influenced by their family variables. We conducted research to examine the relationship between home healthcare nurses' family related variables (e.g. child rearing, house work task or work-family conflict) and their work related consequence (e.g. intention to leave work or mental health). Then, we found the following unique results: (1) most of home healthcare nurses have spouse or children, and they spend a long time for house work task, however, their work-family conflict was not associated to their massive house work task, additionally, their work-family conflict was not related to their intention to leave profession or organization, (2) majority of home health care nurses perceived that fulfilling a family role makes a positive difference on nursing performance, rather than perceive to their family role interfere with their work, (3) the level of home healthcare nurses' mental health was better than among hospital and nursing home nurses. In conclusion, most of home healthcare nurses have significant family responsibility, then they spend a long time and energy for fulfilling massive family task, however, their family responsibility had not negative effect to their work.

#### **Biography**

Yoshiko Yamaguchi has received her Ph. D in Kyushu University, Japan. Currently, she is working as research associate in Home Care Nursing, Faculty of Nursing, Kwassui Women's University, Japan. She has successfully completed her responsibilities as reviewer for 11 papers from year of 2016 to 2017. She is serving as an editor of International Journal of Nursing & Clinical Practices and Journal of Comprehensive Nursing Research and Care. And she is honorary president of the scholarly association IAPHLSR: International Association for Promotion of Healthcare and Life-Science Research. She has been awarded as a best presentation of 7th International Conference on Healthcare, Nursing and Disease Management, 2016, Singapore. (Oral presentation), and as a best paper of Journal of Japan Academy of Nursing Administration and Policies, (Research article), 2013.

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