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## What catches the eye-use of multimedia in clinical nursing practice for understanding interventions

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This project presents a unique and innovative way of present interventions in research in clinical nursing practice. As a part of a multicenter study at the Danish National Hospital regarding thirst among Intensive care patients, which is a well-known area, that bothers intensive care patients, the Department of Neuroanesthesia made, in cooperation with the Nursing Academy a particular custom made movie. It contained an introduction for the project and demonstration of the interventions, water, soda, ice-cream etc., as the primary information source. The movie lasted 8:05 minutes and were distributed by a closed YouTube Channel and personal email. The setting for the movie was an empty unused room comparable to the other patients' wards, so the movie was taken in a natural setting. The movie consisted of both professional and teaching considerations to promote a result oriented and a flexible implementation. This project showed that this way of presenting information resulted in a wide support from the nurses, which directly expressed in the highest inclusion rate in this multicenter study. The right amount of knowledge at the right time – is a keystone in running an effectively health department today. With today's technology it is possible to make movies on different devices, even those with less technical skills, and upholds new opportunities for the nursing profession and science in clinical practice.

### Biography

Linda Charlotte Hallengreen is a teacher, adjunct at the Nursing Academy in Region Zealand, Nykøbing F. She has a background as a nurse, and specialized as ICU nurse and completed her Master of Health Science degree from University of Copenhagen. She holds a particular interest in the nursing profession and the diversity between the clinical and the theoretical parts of the nursing field and education.

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