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Toward development of evidence based emotional intelligence interventions in nursing education: Facts and challenges

In today's challenging health-care world, nurses need to be emotionally intelligent to be able to make appropriate decisions. The potential value of facilitating the emotional intelligence of nurses, is consistently demonstrated in the literature. There is consensus on the impact that emotional intelligence has on job satisfaction, stress level, burnout and helps to facilitate a positive environment. Several studies showed the benefits on students' ability to manage their own emotions, in reducing stress, and on appropriate coping strategies development. Furthermore, it has repeatedly shown that students with high levels of emotional intelligence are more likely to score higher in their theoretical assignments and perform better in the clinical practice areas than students who are not (Beauvaisa, et al., 2011). Emotional intelligence thus has been viewed as a mandatory requirement that is considered necessary to prepare a good caring environment. Demands are increasing for expansion of new competencies and skills, and excellent quality in the performance of social and labor functions. Therefore, concentration should be given to teaching activities and academic knowledge directed toward improvement of not only clinical skills but also the soft skills that refer to the cluster of personality traits, social graces, including emotional intelligence.

The workshop will attempt to answer the following questions:

- What is the level of emotional intelligence among nursing students?
- Is there a relationship between Emotional Intelligence, stress level, coping strategies, and performance among nursing students?
- What are the efforts directed toward development of evidence based emotional intelligence interventions in nursing education?
- What are the recommendations of/for evidence based emotional intelligence interventions in nursing education?

The workshop will provide opportunity for participants to share expertise in the area of emotional intelligence among professional healthcare workers and specifically nursing sector. Areas for future collaborative research will be explored and recommendations for practice and education will be developed.

Keywords: Nursing students, engagement, motivation, academic achievement.

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Biography

Hala Mohamed Bayoumy BSc, MSc, DSc is an Assistant Professor in King Saud bin Abdulaziz University for Health Sciences. She is an author of many research articles (18) published in reputed journals. She has presented papers in numerous international conferences. She is in the Editorial Board of International Journal of Nursing & Clinical Practices. She was Editor- for the special issue: Self Care Skills and Quality of Life of Patients - which was published under that Journal. She is also Reviewer for multiple journals and member of many academic bodies. Her research interest centers around advances in nursing education as well as exploring impact of different illness conditions, treatment modalities and nursing interventions.

Notes: