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Correlation between deglutition disorders and eating status in hospitalized elderly patients

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The aim of this study was to analyze the relationship between deglutition disorders and eating status in hospitalized elderly patients. A sample of 351 elderly inpatients in a hospital in Chengdu was investigated by the Standardized Swallowing Assessment (SSA). The incidence of dysphagia in elderly patients taking lying position ($<60^\circ$) was higher than that in sitting or semi-sitting patients ($\geq 60^\circ$) ($P=0.025$). The difference was statistically significant. The incidence of dysphagia in elderly patients who took semi-sitting after eating was higher than that in elderly patients with supine, sitting or upright ($P<0.001$), the difference was statistically significant. Low-lying eating can increase the incidence of dysphagia in elderly patients. The elderly patients in the hospital should pay more attention to their eating status and post-eating status. We should assist elderly patients to take correct and comfortable positions according to their condition. So that, we can prevent deglutition disorders and improve the quality of clinical nursing.

Biography

Xiaofeng Xu is pursuing her Nursing Postgraduate at Sichuan University. She has published some articles in different journals. She has done a series of research on professional ethics cognition of nursing students.

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