

# 20<sup>TH</sup> GLOBAL NURSING EDUCATION CONFERENCE

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## *Katheryn Fernandez*

*Capital University, USA*

### **Transforming perspective on older adults: Conceptualizing the “Silver Tsunami” as a cultural paradigm shift**

The purpose of this presentation is to showcase older adults as their own diverse group. They are so unique, a “one size fits all” answer doesn’t fit. To successfully transform nurses working with older adults, a shift to being inclusive in all things diverse needs to occur to meet the needs of this diverse “Silver Tsunami”. This course has been successfully delivered as a stand-alone senior level course in a traditional BSN program. The target audience of this presentation is nurse educators in clinical and classroom settings for student nurses. These future nurses will be caring for the “Silver Tsunami” and need to see their diversity.

#### **Biography**

Katheryn Fernandez has received her PhD and Master of Science from The Ohio State University and her Bachelor of Science in Nursing from Wright State University. In addition to be a Registered Nurse, she also is a certified Chemical Dependency Counselor/Supervisor. She is also board certified in Gerontological Nursing. Her research interests are in aging, addictions and leadership. She has taught across the curriculum in undergraduate and graduate nursing. She especially enjoys teaching Leadership and Gerontological Nursing and First Year Experience classes. She has chartered a national honor society chapter for undergraduates, and led numerous study abroad trips focusing on health competency. She is the Ohio Nurses Association Consultant to the Ohio Student Nurses Association Board of Directors. In addition to this, she is on the Mid-Ohio District Nurses Association Board of Directors. She has published articles in several professional journals and presented at industry conferences. She has received numerous awards for her contributions, including receiving five Excellence in Nursing Awards from Mount Carmel College of Nursing, the 2013 National League for Nursing Hearst Foundation Award for Excellence in Geriatric Education.

#### **Notes:**