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## ADVANCED NURSING AND MIDWIFERY

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**The Do's & Don'ts in acute stroke management: Clinical case analysis****Janusz A Kaleta**

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**Statement of the Problem:** Stroke is the leading cause of serious, long-term disability in the United States. Each year, approximately 795,000 people suffer a stroke. About 600,000 of these are first attacks and 185,000 are recurrent attacks. Nearly three quarters of all strokes occur in people over the age of 65. Prompt and accurate management with respect to prevention, evaluation and treatment of acute stroke becomes indispensable in cerebral cortex protection and mitigation of cortical damage. Time is of absolute essence in delivery of effective stroke treatment.

**Methods:** Clinical case analysis of stroke incidences where clinical interventions or lack of thereof played a critical impact on patient's recovery outcomes and subsequent rehabilitation. Differentiation between types of strokes: Acute ischemic versus hemorrhagic and application of the rtPA in a timely manner will be reviewed with attendees who will be encouraged to actively participate in this Clinical Case Review.

**Outcomes:** The Do's and Don'ts in acute stroke management play critical role in patient's recovery and outcomes of the delivered interventions. Clinicians should be encouraged to stay up-to-date with stroke treatment best practice guidelines and protocols. Knowledge of the warning signs & symptoms of stroke is imperative in order to prevent devastating results including long term disability and death. This interactive presentation will introduce participants to the interactive cardiovascular library developed by the American Heart Association (AHA). This session is designed to be interactive with all participants.

**Biography**

Janusz A Kaleta has committed his professional career over the past 20 years to work with patients with Traumatic Brain Injuries (TBI), stroke survivors and other neurological conditions including: Parkinson's, Alzheimer's, Lewy body, Cognitive and Vascular Dementias. His interest is in neuroplasticity and forced cortical reorganization by means of active rehabilitation. Since 2003, he has actively participated in the Coordinated Stroke Strategy & Toronto Stroke Network tasked with development of the stroke strategy for the Province of Ontario, Canada. He has received his undergraduate degree(s) (Cum Laude) from the City University of New York (CUNY) in Rehabilitation, as well as the University of Ontario Institute of Technology (UOIT) in Nursing. He has also received Master's degree in Clinical Science from the University of Western Ontario School of Graduate and Post-Doctoral Studies in London, Ontario. His focus remains on neuro-rehabilitation.

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