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**The influence of disaster-preparedness education on university students' cognition, action and ability of disaster prevention and preparedness****Xu Xiaofeng and Hu Xiuying**  
Sichuan University, China

**Objective:** To discuss the influence of disaster-preparedness education on university students' cognition, action and ability of disaster prevention and preparedness, so that we can provide a reference for setting up disaster-related courses in universities in the future.

**Methods:** The questionnaire was circulated among 37 students who attended the course of disaster-preparedness education from a university, so that we could find the differences of students' cognition, action and ability of disaster prevention and preparedness between before and after class.

**Results:** After the disaster-preparedness education, students' cognition, action and ability of disaster prevention and preparedness have been improved to a certain degree. The cognition score of disaster prevention and preparedness was raised from 5.46 points before class to 8.24 points after class ( $P < 0.001$ ). The action score of disaster preparedness and preparedness was raised from 2.65 points before class to 6.89 after class ( $P < 0.001$ ). The ability for disaster preparedness was increased from 26.11 before class to 33.73 after class ( $P < 0.001$ ) and the differences were statistically significant ( $P < 0.05$ ).

**Conclusion:** Disaster-preparedness education can improve students' cognition, action and ability of disaster prevention and preparedness and it deserves in-depth study and comprehensive promotion.

**Biography**

Xu Xiaofeng is a Post-graduate student majoring Nursing at Sichuan University, China. She has published some articles in indifferent journals.

1037024235@qq.com

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