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The theory of the normal self in nursing care and practice

This New Nursing Theory combines uniqueness of each individual involved in care with in-depth understanding of one's normal self, of who we are and who the other person is. The focus of this theory is on critical points of effective care where life events and experiences of the person form core foundation of the nursing restorative practice.

Biography

Janusz A Kaleta has committed his professional career over the past 20 years to work with patients with Traumatic Brain Injuries (TBI), stroke survivors and other neurological conditions including: Parkinson's, Alzheimer's, Lewy body, Cognitive and Vascular Dementias. His interest is in neuroplasticity and forced cortical reorganization by means of active rehabilitation. Since 2003, he has actively participated in the Coordinated Stroke Strategy & Toronto Stroke Network tasked with development of the stroke strategy for the Province of Ontario, Canada. He has received his undergraduate degree(s) (Cum Laude) from the City University of New York (CUNY) in Rehabilitation, as well as the University of Ontario Institute of Technology (UOIT) in Nursing. He has also received Master's degree in Clinical Science from the University of Western Ontario School of Graduate and Post-Doctoral Studies in London, Ontario. His focus remains on neuro-rehabilitation.

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