

47th Global Nursing & Healthcare Conference

March 01-03, 2018 | London, UK

The impact of an educational program on knowledge, attitude and practices of healthcare professionals towards family presence during resuscitation in an emergency department at a tertiary care setting, in Karachi, Pakistan

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Background: The concept of Family Presence During Resuscitation (FPDR) is gradually gaining recognition in western countries, however, it is rarely considered in South Asian countries including Pakistan. Over time patients' and families' rights have gained recognition and healthcare has progressed to become more patient-family centered.

Objectives: The objective of this study was to evaluate the impact of an educational program on the Knowledge, Attitude, and Practices (KAP) of healthcare professionals (HCPs) towards FPDR in Emergency Department (ED), at a tertiary care setting, in Karachi, Pakistan.

Methods: This was a Pre-test and Post-test study design. A convenient universal sampling was done, and all ED nurses and physicians with more than one year of experience were eligible. The intervention included one-hour training sessions for physicians (three sessions) and nurses (eight sessions). The KAP of nurses and physicians were assessed immediately after (post-test I), and two weeks (post-test II) after the intervention using a pretested questionnaire.

Results: The findings of the study revealed that the mean scores of knowledge and attitude of HCPs at both time points were statistically significant ($p\text{-value} \leq 0.001$), however, an insignificant difference was found on practice of FPDR ($p\text{-value} \geq 0.05$).

Conclusion: The study findings recommend that the educational program on FPDR for HCPs needs to be offered on an ongoing basis. Moreover, training modules need to be developed for the staff, and formal guidelines need to be proposed for FPDR, through a multidisciplinary team approach.

Biography

Shaista Meghani, working as a Senior Instructor at the Aga Khan University School of Nursing & Midwifery, Karachi, Pakistan. She has completed MScN from the same university. She has rich clinical experience working in different capacity in critical care areas at national and international level.

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