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The lived experience of Saudi graduate students who have worked as registered nurses in Saudi Arabian hospitals and have cared for patients from various cultures

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Providing care that fits with culture has a specific applicability to daily nursing care. It has been argued that care is a central factor of culture, making the integration of care and culture together a major challenge faced by nurses as they seek to provide transcultural nursing care. The purpose of this study is to explore and describe the lived experience of Saudi registered nurses when caring for patients from different cultures in Saudi Arabian hospitals from the nurses' perspective. A phenomenological qualitative design was used that included a face-to-face interview with open-ended questions that took place for approximately 40-60 minutes with Saudi students who have worked as registered nurses in Saudi Arabian hospitals. Content analysis was used to interpret the data. Findings from the data revealed three main themes and one subtheme: (a) communication and language are barriers to care, (b) lack of knowledge can affect patient outcomes with the subtheme of "fear of making a mistake", and (c) education is the key. The research concluded that gaining knowledge about diverse cultures is required for all Saudi registered nurses to help nurses to deliver care that is appropriate to the patient's cultures and improving patients' outcomes. It is recommended to enhance diverse culture programs in Saudi Arabian hospitals and nursing schools. Also, further exploration of the lived experiences of Saudi registered nurses who have learned about diverse cultures and caring patients from various cultures in Saudi Arabian hospitals is warranted.

Biography

My name is Zuhur Saud Altaymani and I earned a Master degree in Nursing Education from Daemen College, New York, USA. I'm working as nursing education Manager in Nursing Education Department in North West Armed Forces Hospital in Saudi Arabia. I am passionate about nursing, which has led my life to be permeated by experiences, both personal and professional, that have prepared me to enter academia in the field SINCE 2006. My academic interests and experiences have provided me with a unique set of strengths to offer the nursing program, such as rare cross-cultural experiences and bilingualism in Arabic and English. My research interest was the lived experience of Saudi graduate students who have worked as registered nurses in Saudi Arabian hospitals and have cared for patients from various cultures.

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