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Self-Confidence Levels Of Students Who Make Their Internships in Accompany With Trainers

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Statement of the Problem: In clinical practice, which is an integral part of health disciplines, any practice by the student to the healthy / patient individual is a great source of stress for both the student and the practitioner.

Methodology & Theoretical Orientation: The population of the study is the Inonu University Health Sciences Faculty, internship nursing and audiology students. Sample selection was not made in the study, the whole population was tried to be taken and 157 students were reached. In the collection of the data, the Personal Presentation Form created by the researchers and Self Confidence Scale were used. In the analysis of the data, frequency, mean, standard deviation, one way ANOVA, kruskal Wallis, t test were used.

Findings: 58% of the participants are nursing students and the rest are audiology students. The average age of the students was 20.5 ± 1.8 . 47.1% of the participants stated that they carried out a large part of the internship with their trainer and 21.7% stated that they only received counseling when they needed. It was determined that 47.8% of the students think that the trainer should definitely accompany interns. The students' self-confidence scale mean score was 122.5 ± 24.8 , internal self-confidence subscale average was 59.6 ± 13.2 , external self-confidence subscale average was 47.9 ± 10.8 , and students' self-confidence levels were high. It was found that there is a significant relationship between the process accompanied by the trainer and the students' self-confidence during the internship ($p < 0.05$). As a result, it has been determined that coach of trainer to internship practices affects students' self confidence levels. It is suggested that students should be accompanied by trainer and that similar researchs should be done with different and larger groups.

Biography

Seher CEVIK graduated from the nursing department in 2012. She worked as a nurse in intensive care unit for 2 years. She currently works as a research assistant in the nursing department and continues her graduate studies in the field of nursing and works in the field of nursing principles.

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