

32nd EURO NURSING AND MEDICARE SUMMIT

October 26-28, 2017 | Paris, France

The impact of intolerance of uncertainty on psychological well-being in pregnant women who have and don't have risk of miscarriage

Seher CEVIK¹ and Yurdagül YAGMUR²
Inonu University, Turkey

Statement of the Problem: The aim of this research is to determine the impact of intolerance of uncertainty on psychological well-being in pregnant women who have and don't have risk of miscarriage.

Methodology & Theoretical Orientation: The research was planned as a case-control study. The universe of the research consisted of pregnant women who applied to the Malatya State Hospital Campus Beydağı obstetric polyclinic between 15 January 2017 and 15 April 2017 and whose gestational week was between 1-20. The sampling, on the other hand, consisted of 171 pregnant women who had risk of miscarriage in research group and 171 pregnant women who didn't have risk of miscarriage in control group. The Participant Description Form, Intolerance of Uncertainty Scale and Psychological Well-Being Scale, were used in the data collection. The data were evaluated using the descriptive statistics, t test in independent groups, ANOVA, Kruskal Wallis, Mann Whitney U, Bonferroni test, Correlation test and Cronbach's Alpha reliability analysis test.

Findings: It was determined that pregnant woman with risk of miscarriage (110.1 ± 16.5) had higher intolerance to uncertainty than those didn't have risk of miscarriage (69.2 ± 17.7) ($p < 0.001$). It was observed that pregnant woman with risk of miscarriage (36.6 ± 8.4) had worse psychological well-being than those didn't have risk of miscarriage ($p < 0.001$). Furthermore, it was found that the psychological well-being decreased in reverse proportion to the increase of intolerance of uncertainty in both the research ve control groups ($p < 0.05$).

Conclusion & Significance: It was determined that risk of miscarriage affect intolerance of uncertainty and psychological well-being of pregnant women.

Biography

Seher CEVIK graduated from the nursing department in 2012. She worked as a nurse in intensive care unit for 2 years. She currently works as a research assistant in the nursing department and continues her graduate studies in the field of nursing and works in the field of nursing principles.

seher.cevik@inonu.edu.tr

Notes: