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Intervention of sexual abuse prevention for mother of children with mental retardation

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Mother is the closest person for her children, especially for children with mental retardation. Thus, mother has a very important role in providing knowledge and education to prevent the occurrence of sexual abuse against children. The purpose of this study is to improve mother's knowledge and attitudes in an effort to reduce the risk of sexual abuse on children with mental retardation. The study method was a quasi-experimental with One-Group Pre-Test-Post-Test approach and total sample of 45 mothers with mentally retarded children. The study was conducted over eight months, from May 2016 to January 2017. Data analysis used Paired Sample T-test. The study's result showed that there were increased knowledge and attitudes of mother after given health education about primary prevention of child sexual abuse ($p=0,000$) in Payakumbuh City of West Sumatera, Indonesia, Year 2016. It is expected that there some cooperation of related parties to regulary conduct health education on mothers who have child with mental metardation, at least once in every semester.

Biography

Meri Neherta is a nurse who has worked since 1984. Moved to the Faculty of Nursing Unand from 2004 Until now. Previously Meri Neherta had worked at Rumah Saki, Puskesmas and Health Office in the District of Tanah flat West Sumatra Indonesia. Setelah become lecturer Meri Neherta actively researching in the field of Nursing Children.

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