

32nd EURO NURSING AND MEDICARE SUMMIT

October 26-28, 2017 | Paris, France

Social gender roles and domestic violence

Aysel OZDEMIR

Inonu University Health Faculty, Turkey

Aim: In many societies, the roles and responsibilities imposed on the people are divided into male and female gender roles. The roles undertaken by women and men in society are determined by factors such as culture, values, laws, religion, personal and private relationships between men and women in the society, which can change over time. However, the passive role is seen as appropriate for women in society in general, whereas men assume an active role in the society. Studies conducted to determine the social gender roles of women and men suggest that women adopt equal roles more than men, and that men tend to have traditional patterns due to their high tendency to violence.

Introduction: The more egalitarian attitude of women can be explained by their strong desire to have an equal position with men at work and family life, their quick adaptation to social roles, and their more positive attitudes towards equal roles; whereas, the traditional pattern of men can be explained by the aggressive and competitive upbringing, and society's acceptance of violence among them as normal. This difference of opinion between women and men leads to various circumstances in the family, which is the cornerstone of society. When we look at the reflection of gender roles in relation to family life, women are expected to remain silent on issues, and accept all behaviors of their husbands, whereas male behaviors such as loud discussions and physical or psychological violence are approved by the society. Women and men who conflict with exposed to gender roles and social norms are being alienated by society and experience various difficulties. For example, society impose a man the obligation to make a living at home, whereas the tasks such as housework, cooking, looking after children, and taking responsibilities of spouse belong to women. Due to these roles, individuals can feel both physical and psychological pressures. In this sense, we face with the concept of domestic violence, which affects mostly women and children. Domestic violence is shaped by many factors, such as interpersonal relationships, social and social factors, attitudes towards gender roles imposed by society, and can lead to unhappy couples, divorce, increased psychological, economic and social problems, and can even lead to serious injuries and death.

Conclusion: As a result, the suggestions made in favor of a healthy community based on sound foundations are as follows:

- The prevention of domestic violence,
- Raising awareness of violence,
- Ensuring higher participation in training programs to be provided on social gender roles, since it has been found in various studies that men are more traditional and have a propensity for violence.
- Preparation of a number of programs for men on violence,
- Knowing how and why gender roles are accepted today,
- Understanding how these roles are reflected in interpersonal relationships.

Biography

I am Aysel OZDEMIR. I am from Turkey. I was born in 1991. I am married. I graduated Ataturk University Nursing Faculty in 2013I am a research assistant in Inonu University since 2015. I did my master's degree in internal medical nursing in 2016. Now, I am a psychiatric nursing PhD student in the university.

aysel_akbeniz@hotmail.com