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The effect of psychological violence (mobbing) on assertiveness level

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Statement of the Problem: Today the psychological violence, an important fact of working life, is explained with different concepts such as workplace bullying and workplace violence. A combination of Mobbing which consists of a combination of psychological factors and has negative effects on work success, is a process that is made by an employee to the other person or persons in the workplace with disturbing, immoral, systematically harassing words and behaviors. The purpose of mobbing is to create a systematic pressure on the person or persons in workplace forcing them to leave the job by destroying their performance and strength power by unethical approaches.

Purpose of the study: It is a descriptive and explanatory type research which is made to investigate the relationship between psychological violence and assertiveness among nurses working in Muğla Sıtkı Koçman University Education and Research Hospital.

Methodology & Theoretical Orientation: Information form identifying nurses was created by the researcher. Rathus Assertiveness Schedule and Nurses Psychological Violence (Mobbing)

Findings: Scale is used. 43% of nurses are in the schizoid personality structure, 37% of nurses in the enterprise personality structure and 30.5% of nurses in the aggressive personality structure were victims of psychological violence.

Significance: In the research, very weak relation is revealed between exposure to psychological violence and assertiveness levels. Also, it is emerged that in each case half of the nurses were being subjected to psychological violence.

Biography

Nezihe Uğurlu has completed her Psychiatric Nursing Degree, Master's Degree and Doctorate. She has been working in the Nursing Education Program. She has conducted many studies in the field of Psychiatric Nursing.

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