

# 32<sup>nd</sup> EURO NURSING AND MEDICARE SUMMIT

October 26-28, 2017 | Paris, France

## Male nursing students' knowledge and attitudes on breast cancer and self-breast inspection

Ebru Gul<sup>1</sup>, Serdar Saritaş and Bahar Aslan  
Inonu University, Turkey

**Aim:** This research was conducted to determine the knowledge and attitudes of male nursing students on breast cancer and self-breast inspection.

**Material & Methods:** This descriptive study was conducted at a university in eastern Turkey between March 2017 and May 2017. The universe of the research was male nursing students who were educated in the nursing department of this university. Without using the sample selection method in the research, it was tried to reach the whole of the universe and 132 students were reached. In gathering the data; a questionnaire prepared by researchers was used.

**Results:** Average age of students participating in the survey was 21.03 ± 1.81. It was determined that 92.4% of the students were in the 1st and 3rd class, 35.6% were living in the city center, 82.6% had middle income level and 50.8% had graduated from Anatolian High School. 7.6% of the students stated that they had a breast cancer story in their family and relatives. 77.3% of the students had knowledge about breast cancer and 79.5% stated that breast cancer can also be seen in men. It was determined that only 18.2% regularly made a self-breast examination, although 66.7% had knowledge of the self-breast examination. 62.4% of the students who did not do the self-breast examination stated that they did not consider it necessary. The scale of the students with Champion Health Belief Model was found to be 43.31 ± 7.00 and this average was found to be good.

**Conclusion:** As a result of the research, it was determined that male students had good knowledge of breast cancer and self-breast examination but did not perform regular self-breast exam. It may be suggested that more attention should be given to these issues in the curriculum to increase the level of knowledge and awareness of male students.

### Biography

Ebru GÜL from Turkey. I was born in 1990. I graduated from Fırat University Faculty of Health Sciences in 2013. I am a research assistant in Inonu University since 2016. Recently, I have conducted my master thesis in Public Health Nursing Department.

ebru.gul@inonu.edu.tr

### Notes: