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Determination of awareness of nurses on the use of music in nursing care

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The aim of this study is to determine the awareness of nurses working in a university hospital in Turkey on the use of music in nursing care. The study population consisted of 500 nurses working in a university hospital in Turkey between May and June 2017. And, the sample of the study consisted of 218 nurses who met the inclusion criteria and selected by simple random sampling among the probabilistic random sampling methods (calculated with an acceptable error margin of 5% and a confidence level of 99%). The data of the study were collected by a questionnaire consisting of two parts. The first part of the questionnaire consisted of 13 items with demographic information and the 3-point Likert type second part consisted of 16 items, prepared by the researchers in accordance with the literature, to determine the nurses' awareness about music. Frequency, percentage, mean and standard deviation were used in the evaluation of the data. The average age of the nurses included in the study was 29.70 ± 7.42 , and their mean professional experience was found to be 8.07 ± 6.90 years. It was found that 38.5% of the nurses had a bachelor degree, 42.7% was working in internal clinics, 57.8% did not receive any training related to music usage in care and that 92.7% considered the use of music beneficial in nursing care. In the study, 52.8% of the nurses considered music useful in patients with psychiatric disorders, 54.1% in relieving stress and anxiety. Of the nurses, 73.4% stated that they did not know which genre was effective on which problems, 87.6% stated that music was effective in redirecting attention of the patients, 87.6% stated that music was effective in the recovery process, 82.1% stated that music facilitated patients' adherence to treatment, and 47.7% stated that use of music in nursing care would not increase the workload. As a result, it was revealed that nurses found music useful in nursing care and that the opinions of nurses about the use of music were positive.

Biography

Young researcher Meyreme Aksoy I was born in 1984 Batman. I graduated from nursing in 2006. In 2015, Atatürk University Faculty of health sciences, fundamental of nursing, I finished the master's degree in nursing. Now Atatürk University faculty of nursing, Department of Fundamental of Nursing, PhD student and research assistant.

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