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The relationship of confidence and fear of future among university students

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This research is designed to determine the level of confidence and fear of future among senior class students who are educating in Health Department School before they start to a new life. Research is planned to determine whether there is any relationship between age, gender, department and department preference format, number of siblings, education levels of parents in terms of future fear and confidence in the students after finishing school. The sample group constitutes a 180-student group who are continuing their education in Muğla Sıtkı Koçman University Health Department School in 2013-2014 academic year. To collect the data of the study "Fear of Future Scale" (GKO) and "Self Esteem Scale" (OO) is applied to the students. In evaluation of data %, t-test, one-way Anova analysis, non-parametric tests, Kruskal-Wallis and Pearson correlation Coefficient analysis were used. These statistical procedures were completed through SPSS for Windows 21.0 (Statistical Package for Social Sciences for Windows and Microsoft Office Excel 2010 software packages). At the result of the research it is revealed that there is a statistically significant relationship between coming willingly to the department and in GKO and OO also there is an inversely proportional relationship between confidence and fear of future.

Biography

Nezihe Uğurlu graduated in Psychiatric Nursing Degree with a Master's Degree and a Doctorate. She has been working in the Nursing Education program. She has conducted many studies in the field of Psychiatric Nursing.

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