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Effects of doll therapy on dementia resident's negative behavior

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Agitation and aggressive are two of the most common negative behaviors exhibited by people with dementia. Psychotropic medications are often used as a first-line treatment for agitated behaviors. However, they can cause severe side effects. Doll therapy is an innovation, non-pharmaceutical, therapeutic intervention that can affect agitated behaviors, thus far a protocol for the therapy does not exist. A 30 day doll therapy intervention protocol was developed and implemented for 16 dementia residents in a nursing home. Pre and post chart reviews of each participant's negative behaviors were measurement before and after the implementation of the doll therapy. After intervention, participants had a decrease in negative behavior episodes. Doll therapy is an innovative, non-pharmacological therapeutic alternative for improving the quality of life of patients with dementia.

Biography

Natalie Williams is committed to highest standard of excellence at Nursing, Brandman University in USA. She has gained a plethora of knowledge in related field. Her international experience includes various programs, contributions to reputed journals and participation in different international conferences in diverse fields of study.

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