

# 23<sup>Rd</sup> WORLD NURSE PRACTITIONER CONFERENCE

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### Nursing Education: Key to success and improved patient care

Nurses are the medium through which we carry out healthcare services. Their education is a continuous process, not simply because of the regulations of the health authorities, but for better patient outcomes. As such, it is imperative for nursing educators and managers to have customized in-service programs for their nursing staff. A sample, generic, in-service program must include the latest in the field of nursing education and procedures. Furthermore, it is proposed that each in-service program include the following educational material: (1) Assisting patients with heart disease, (2) Basic nutrition; particularly for obese and diabetic patients, (3) Behavior management, (4) Skin care; for patients who are bed-bound, (5) Depression and anxiety, (6) Diabetes; as the UAE has the highest rates of DM-2, as per the World Health Organization, (7) Dementia care, (8) Elder abuse and neglect, (9) End of life care, (10) Infection control, (11) Lifting and transferring, (12) Malnutrition, (13) Mental illness, (14) Proper oxygen therapy, (15) Psychosocial care, (16) Understanding pain and (17) Cultural diversity. Those proposed in-service programs are applicable to the nursing field. They ought to be conducted on annual basis and certificates of completion must be issued. These programs can be done as an adjunct to the required CME for maintaining the license, or they maybe CME certified in-service courses.

### Biography

Amer Alata is currently working as the Medical Director at Via Medica International Healthcare. He has received his MD from Ross University School of Medicine and has completed his Bachelor degree from the University of Michigan-Dearborn, USA with a major in Psychology and a minor in Philosophy. He has then managed a chain of urgent care clinics in different cities in Michigan, USA. He has dedicated over 4 years, working at Detroit Business Institute in Downriver, Michigan both as an Instructor and the Medical Programs Director. He is a Member of the American Heart Association and American Stroke Association, as well as the Council on Cardiopulmonary, Critical Care, Perioperative and Resuscitation.

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