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Improving the completeness of home care skills for primary caregivers

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Primary caregivers are the main care providers at home. If primary caregivers are equipped with correct and completeness home care skills, reoccurrence of hospitalization could be avoided. The purpose of this project was to enhance the completeness of home care skills for primary caregivers. According to current surveys conducted from January to July 2016, the completeness of home care skills among primary caregivers was 63% whereas patients' hospitalization rate was 6.42%. Main relevant reasons were: (1) lacking of integrations in home health care team, (2) inconsistent operating procedures and evaluation guidance for caregivers, and (3) poor adoption of home care skills due to difficulty to comprehend and memorize home health care education content and skills. The transdisciplinary team consisting of physicians, pharmacists, nutritionist and nurses developed strategies to solve the problems. First, established health education counseling guidance to develop criteria of operating procedures. Second, setup evaluation guidelines to assess what caregivers got from the health education and what they needed to be reinforced. Third, designed illustrative leaflets for obtaining home health care skills handily. Forth, made health education sheet for caregivers to recall health education content to enhance their comprehension. After completing the project, the completeness of home care skills for primary caregivers increased to 88% and patients' hospitalization rate was decreased to 4.4%. Transdisciplinary team provided integration of home care education to enhance the ability and completeness of home care skills and reduced patients' hospitalization rate successfully. Patients' quality of home care was improved.

Biography

My name is Ying-O Chen. I have 26 years of clinical nursing experiences in emergency, operating ward, delivery room, baby room, nursing home care services. I also has participated the domestic poster presentation 5 times in Taiwan, and the 23rd International Conference on Health Promoting Hospitals and Health Services Poster presentation.

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