

23rd World Nursing and Healthcare Conference

July 10-12, 2017 Berlin, Germany

Current situation of evidence-based nursing in patients with dysphagia after stroke

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Swallowing dysfunction is one of the common symptoms of stroke patients, resulting in malnutrition, aspiration pneumonia and other complications. Therefore, it is particularly important to standardize nursing care for patients with dysphagia after stroke. As most of the Chinese nurses have not accepted the system of swallowing related knowledge training, and the scholars have different views, therefore, evidence-based practice is particularly important. The aim of this paper is to analyze and report the current domestic and foreign scholars on the application of evidence-based nursing in patients with dysphagia after stroke, so as to provide a more scientific and reasonable basis for clinical nursing.

Biography

Ni Biyu has completed her Bachelor's degree from Chengdu University and is now working at the Sichuan University. She is a Primary Nurse in the Rehabilitation Center and has experience in rehabilitation nursing of brain injury. She has published 2 papers in reputed journals. She has participated in many research projects on family rehabilitation of patients with stroke, multidisciplinary health education in patients with stroke and assisted in carrying out intermittent oro-esophageal tube feeding.

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